



## *Johns Hopkins Weight Management Center at Greenspring Station*

*Services for Bariatric Surgery Patients  
410.583.2860*

### *Pre-operative Services Offered:*

~ **Nutritional assessment**- \$179.00

Includes Initial Nutrition Assessment & Diet Preparation (instruction on post-op diet by a registered dietitian)

~ **Behavioral assessment**- \$129.00

Behavior Assessment (psychological evaluation for surgery appropriateness by a behavioral therapist)

~ **Aetna Insurance carriers** (with the option of three month multidisciplinary counseling requirement)-\$700, payable in 2 installments

We offer a 12-week program that includes exercise, nutrition, and behavioral assessments/ intervention. This would include all 3 assessments and then 12 weeks of weekly visits.

### *Post-operative Services Offered:*

~ **Follow-up Nutritional Consultation**- \$50.00

~ **Follow-up Behavioral Consultation**- \$50.00

~ **Exercise and metabolic assessment**- \$129.00  
Exercise/fitness evaluation and metabolic testing

~ **Follow-up Exercise Consultation**- \$50.00

~ **Personal Training Session (1 hour)**- \$60.00