

There's No Place Like Home

Cardiac care in the heart of your neighborhood

Caring for his yard was an activity that Aberdeen resident Edward Donald enjoyed—until last fall when he found himself getting so tired that he could only mow half the lawn at a time. Fatigue was not a common complaint for Donald, who served in the Army for many years, completing three tours in Korea and one in Vietnam. Even now, retired and in his late 70s, he has remained active in his home and family life, in addition to serving as a volunteer with the local fire company.

Still covered under a military health plan, Donald chose the option that allows him to see Johns Hopkins physicians for his care. His unusual symptoms led him to seek help from

Pamela Ouyang, M.D.
Cardiologist and director
of the Johns Hopkins
Women's Cardiovascular
Health Center



cardiology specialists who recently began seeing patients at Johns Hopkins Community

Physicians at Water's Edge, just a short distance from Donald's home in Harford County.

After an initial evaluation, a cardiologist recommended that Donald go to Johns Hopkins Bayview for a cardiac catheterization to evaluate his blood flow and monitor how well his heart was pumping. The test showed problems and, as a result, Donald was scheduled for open heart surgery in December.

"This case is a good illustration of why we are expanding our services," explains cardiologist

Pamela Ouyang, M.D., director of the Johns Hopkins Women's Cardiovascular Health Center. "We want patients all over Maryland to be able to benefit from the high quality of care we provide to those in our immediate surrounding community. We believe that our specialists offer a unique perspective—a blend of excellent clinical skills, along with a background in academic medicine and research—that can lead to a more comprehensive approach to care and give patients access to the latest procedures and technologies. We also understand that patients don't want to travel far. Now we're able to offer this expertise in their communities."

Cardiology patients at Water's Edge can receive a variety of consultative, diagnostic, therapeutic and follow-up services. When specialized testing or more invasive procedures are required, patients have easy access to the experts at Johns Hopkins Bayview Medical Center, just a short drive south on I-95.

Donald still sees his cardiologist at Water's Edge every four to six weeks for follow-up exams. And although he now has someone else mow his lawn, Donald is recovering well—enjoying regular walks around his neighborhood and volunteering for light-duty activities at the fire house. "I knew I was going with the best of the best when I chose Johns Hopkins physicians for my care," he says. "I'm grateful for the convenience of being able to receive this care close to home."

—Kim Fabian

Cardiology specialists at Water's Edge can see patients for:

- General cardiology
- Heart failure
- Pregnancy and heart disease
- Valvular heart disease
- Coronary disease
- Arrhythmias
- Preventive cardiology
- Second opinions
- Electrophysiology testing



Patient
Edward Donald
of Aberdeen

To schedule an appointment for a cardiology consultation at
Johns Hopkins Community Physicians at Water's Edge, call 410-575-6611.