

HOPKINS ELDERPLUS PACE



Maia Holden, Nurse Practitioner
Sadie J., Participant
ElderPlus

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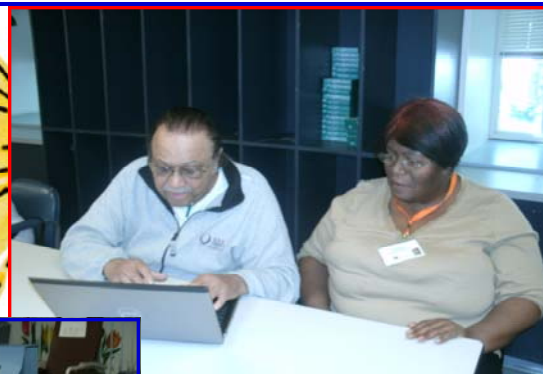
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Two Hopkins ElderPlus Participants Serve as Outstanding Teachers

On July 6, 2011, HEP participants **Sadie Jackson and Doris McFadden** were “educational superstars” when they joined a panel of speakers on the Bayview campus. Along with other older adults who have experience with the health care system, Sadie and Doris shared very interesting stories about how they have adjusted to their health problems. They also described where hospitals and emergency rooms sometimes fail to serve the needs of older patients. It was a very interesting discussion and was attended by 40 medical students, residents and other professionals.

HEP was extremely proud of our pair of teachers as they received great praise and applause from the audience. The most important aspect of their message was how they wanted to preserve their independence more than anything and that they were grateful for the staff that helps them do that.

CELEBRATING NATIONAL RECREATION THERAPY MONTH THERAPEUTIC RECREATION



Recreation therapy uses treatment, education, and recreation services to help people with illnesses and disabilities and other conditions to develop and use their leisure in ways that enhance their health, functional abilities, independence, and quality of life.



RECREATION AND PARKS MONTH & CREATION WEEK

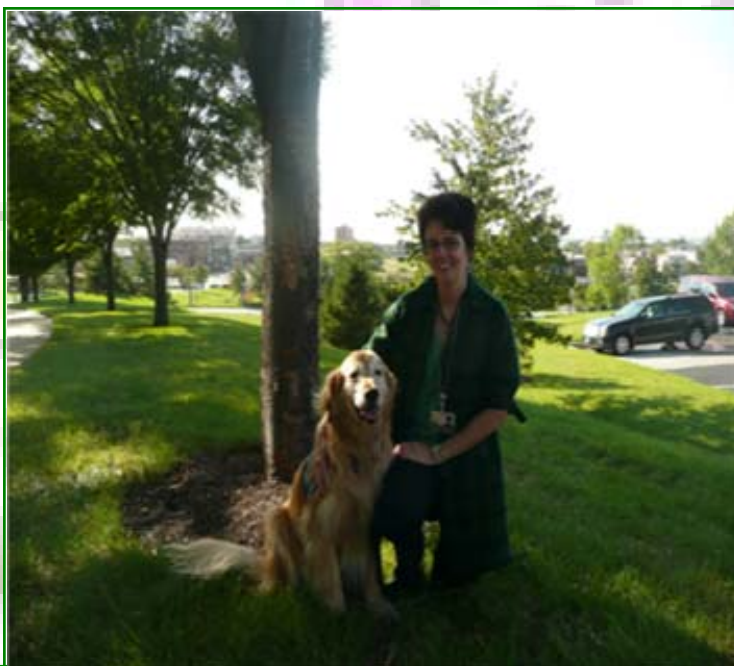


Many Thanks from Anne

Dear Participants and Co-workers,

Thank you so much for the beautiful memorial service for Selby. The lovely bookmarks, the pictures, all of the kind words said, the hugs, the blessings, the songs ...it was all very comforting to me. You will never know how much more peaceful that I felt after I was surrounded by so much love! I was also deeply touched by the contribution made in Selby's honor to Canine Companions for Independence.

The love and support that everyone has shown to me over the last couple of weeks has been wonderful. One great memory of Selby that I will always remember is him prancing up the sidewalk into the center. He was always excited to go to work and see the people that he loved so much!



A Message From the Outreach Department

Dear Participants/Family Members,

The Hopkins ElderPlus transportation department recently delivered some laundry detergent, bleach, fabric softener and personal items to your home with your family member. Those items were donated to Hopkins ElderPlus from Diakon Kathryn's Kloset. This organization partners with organizations serving those most in need in Maryland and the Mid-Atlantic states. Several times a year Kathryn's Kloset will provide additional items and when this occurs we will send them home with your loved ones. If you would like to express your appreciation to Kathryn's Kloset for the items donated, you can send your cards or letters to Hopkins ElderPlus to the attention of Mrs. Theodora Peters and she will forward them to Kathryn's Kloset.



**DIAKON KATHRYN'S
KLOSET**

A LUTHERAN FAMILY & COMMUNITY MINISTRY

A Word from Pastor Dennis Testa

Dear Participants,

I hope you enjoy your Summer. I am a person who does not like to be in the heat. But that is a personal preference. We are all different, aren't we. You like it hot, I like it cool. Of course the extremes at both ends are no good for anyone. Still tolerance of other human beings begins with something as simple as this understanding. If I can let you be different from me and not find you as less good then we can get along.

Love of each other depends on tolerating difference. I don't mean glossing over evil. No one should accept that. But things that just make for personal differences we should try to accept in other people.

People who live with each other day after day find this tolerance more difficult. There is a kind of friction between people that grows over time. That is a good reason for that a break in relationships. A little vacation from each other (sometimes only a day) can provide enough of a change to give relief and rest.

Some people never get "tired" of being with each other. Some just aren't meant to be together, for one reason or another. The point is no one is "wrong"; we are just different and we are called to accept difference and still love each other.

Love without labeling difference "bad".

Enjoy your Summer!

Rev. Testa

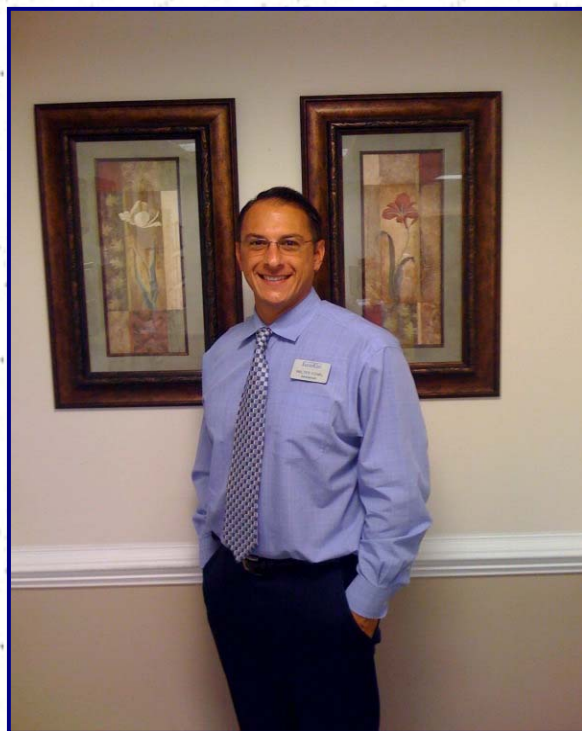
A Word from NorthPoint FutureCare

A note from the Administrator –

We spend a great deal of our time making sure we provide our residents with the most enjoyable stay. We welcome any and all feedback from residents and their families. A suggestion box is in our main lobby. We can't wait to hear from you!

Since our construction project of the *Internet Café* is completed, we have started another one. Our long term care unit has added a sensory room to stimulate the mind and body. This "Under the Sea" themed room is meant to soothe and relax our residents and will be completed with its very own fish tank. Join us for a little R&R.

If you want to stop by to see our wonderful building, please call our Admissions office 410-282-0100 x 35 to schedule a tour.



Walter Kowal, Administrator
at FutureCare NorthPoint



NEED TO KNOW INFORMATION:

Hopkins ElderPlus Numbers:

Receptionist/Front Desk (410) 550-7044
Clinic (410) 550-7049
Pharmacy Refill (410) 550-2938

Social Workers:

Avis Crayton (410) 550-7019
Lynda Davis (410) 550-7126
Erin Farace (410) 550-5164

Transportation:

Neil Saylor (410) 550-7967

Clinical Director

Janet Bohnsack (410) 550-1006

Recreation Supervisor:

Priscilla Love (410) 550-5321

MANAGER ON CALL - 24 HOURS A DAY - 7 DAYS A WEEK

(410) 550-7044