



JOHNS HOPKINS
M E D I C I N E

JOHNS HOPKINS
BAYVIEW MEDICAL CENTER

Johns Hopkins Women's Center for Pelvic Health
4940 Eastern Avenue
Baltimore, MD 21224
410-550-4406

Planning for Your Surgery

Scheduling your pre-operative appointment:

Call your primary care provider to schedule a pre-operative appointment three weeks prior to your surgery. Failure to schedule this appointment in a timely manner may result in surgery cancellation. It is vital that we receive all pre-operative information in advance to prepare adequately for your case. This appointment establishes whether you are healthy and ready for the planned surgery.

On the day of your surgery, remember to bring:

- Insurance card
- Referral (if required)
- Co-payment
- Referring physician information
- Past medical history

Pre-operative instructions:

On the day of your surgery, you should report to the third-floor Ambulatory Surgical Unit (ASU). You will be contacted the day before surgery between 11 a.m. and 3 p.m. to let you know what time to report to the hospital the day of your surgery. If your surgery is scheduled for a Monday, you will be contacted the Friday before your surgery. If you wish to contact the ASU yourself, call the unit between 11 a.m. and 3 p.m. the day before your surgery at 410-550-0449.

Follow these pre-operative instructions leading up to your surgery:

- Do not eat or drink anything after midnight the night before your surgery. This includes water, chewing gum and smoking.
- Do not wearing make up, nail polish or jewelry.
- Do not take aspirin, ibuprofen or herbal medication during the two weeks prior to your surgery. If you need medication for pain, you may take Tylenol.
- If you acquire a fever, cough or cold, call your doctor immediately for advice. Surgery will not be performed if you are ill.
- If you wear glasses or contact lenses, please wear them to your surgery. You will need to sign consent forms.
- If your surgery is an outpatient procedure, you will need to arrange for transportation to get home after surgery.

If you have questions about any of these instructions, call Vickie at 410-550-4406.